

Cottages Chronicles

FIGHTING THE CORONA VIRUS

PRECAUTIONS

- ♦ Wash your hands often with soap & water;
- ♦ Avoid touching your mouth, nose or eyes;
- ♦ Avoid contact with other people;
- ♦ Cover your mouth with a mask when in contact with other people;

In order to reduce the possibility of the Covid-19 virus infecting the residents and staff of the complex we introduced the following regulations:

- ♦ Residents are not permitted to visit each other, walking around the complex is prohibited.
- ♦ No visitors are permitted.
- ♦ The gates have been locked because non residents were using remotes to illegally enter the premises. In cases of emergency Oom Piet can be contacted on Cell 066 087 8989 to open the gate.
- ♦ Residents are only permitted to leave the complex for emergency supplies of food, medicines or medical care, drawing of grants and buying petrol.

In all other emergencies either Sheila (084 300 7344) or Elise (082 455 0438) can be contacted they are in the complex 24/7. Should they be unable to assist Bettie can be contacted (082 563 0234) if necessary Bettie will escalate matters to either Dion or myself.

Sincere thanks to all of you for the understanding and co-operation so far, may we continue to rely on it as the lockdown has been extended?

The official news-letter of Sound Memory Cottages Witbank



Editor:

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EDITORIAL



The one benefit of the lockdown has been that I have had the opportunity to sit down and do some of the activities that I enjoy—including publishing the **Chronicles**.

I hope that you will enjoy this edition, I will try to publish it more regular in the future. Please assist me by letting me know any news or even a photograph of an incident or activity.

Thank you in anticipation.

Clive

**The only trouble with retirement...
you never get a damn day off!**





Forthcoming events

Please diarise the following events open for all residents:

Regular events:

Tuesday 07:00 Hairdresser

Daily Tea:

10:00 & 15:00 **All residents are welcome for a cup of tea or coffee in the lounge.**

Wednesdays : 09:00 combi takes residents to **Family Pick 'n Pay** for shopping.

Day after pension payouts: 09:00 combi takes residents to the Mall.

Christmas in July:

Saturday 6 July: in the Lounge at 17:00

Spring Day:

Monday 2 September in the Lapa



Church services:

10:00 First Tuesday: Shalom

14:30 Fourth Thursday: Methodist
Services will not take place during the lockdown period.

CONDOLENCES

The Committee, Management and Residents express their very sincere and heartfelt condolences to the family and friends of residents who have passed away since the last edition of the *Cottages Chronicles*.

They will be sorely missed by all at the Moth Cottages, may they *Rest in Peace*.



Jean Botha had been a resident in the Single quarters since February 2013 and passed away on 18 August 2019.



Annette Rademeyer was a resident in the Retirement Village since February 2009 and passed away suddenly on 7 September 2019



Lena Pretorius moved into the single quarters February 2013. She passed away on 19 December 2019.



**SICK
as a
DOG**

Sick Report

It is pleasing to report that at the time of going to print there are no residents ill or recovering from any illness.



A true quote on a patients medical record:

"After quitting cigarette smoking, the patient started smelling again."

Welcome

We wish our new residents a long, happy and healthy stay with us



Frances & Louis Peens Cottage D



Martin Botha Flat 2



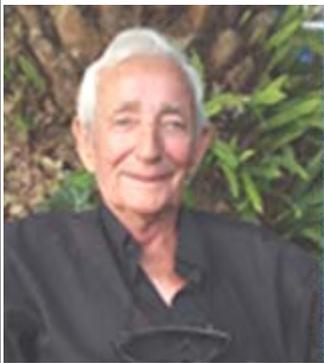
Andre Wolmarans Flat 24

Johnny Muller R 2A

Norma Malherbe R 7A

Helene Roode R 10A

Hank van Staden R 2B



Best wishes to the following people who have celebrated their birthdays recently and those who will be celebrating their birthdays in the next month. We wish you many more happy and healthy years to come.



APRIL:

2nd	Kotie Botes
7th	Tiena Scheepers
12th	Piet Human
15th	Meisie Rossouw
15th	Marie van Aarde
26th	Eris Blake
27th	Kotie Ueckerman
28th	Magda Steynberg
10th	Dion Slabbert—Chairman
29th	Gerhard Burger—Committee

MAY:

5th	Johnny Muller
7th	Johann Steenkamp
9th	Mike Long
13th	Annie Lynn
22nd	Bettie Fourie

JUNE:

9th	Renette Nel
11th	Joey Snyman
17th	Martin Botha
18th	Chris Steynberg
25th	Sheila Bower
27th	Nellie Badenhorst
16th	Dirk Volschenk—Committee

Farewell!

Best wishes to the following residents who have moved away over the past few months, we wish them all a very happy and healthy stay in their new homes.



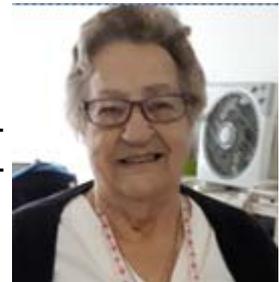
It is always sad to have to say farewell to a resident but it is particularly heart sore when the person has been a resident for 15 years. Rae Swart was a resident since November 2005, after her serious operation last year the family decided that she should stay with her daughter in Polokwane.

Charles and Liz Glen got tired of being Skype grandparents and decided to move to the UK to be closer to the grandkids. With the lockdown they probably still skype!



After being at the cottages since June 2010 Rienie Uys has moved on to Goue Akker in Brokhorstspuit where frail care facilities are available.

Maureen Cummings has suffered over the past year having to be hospitalised on a number of occasions, her family therefore decided to relocate her to frail care in Krugersdorp, nearer to the family.



Poppie van Dyk one of the characters in the single quarters found it difficult to cope in the single quarters and has therefore moved to her son Eitner Ronquest in Witbank.

Vicky Whitcombe also found it difficult to cope in the single quarters and has therefore moved to her family in Witbank.



Valentines Day

The weather conditions resulted in the Valentine's Day function being held in the lounge rather than the lapa. While most enjoyable as far as I am aware cupid did not bless the function with his presence.



Christmas Season 2019

As usual the annual resident's Christmas Party was a great success with most of the residents in attendance.

Once again no one was disappointed with the spread put on by Bettie and the staff.

After everyone had eaten their fill Deidre White had people on the dance floor until the the 23:00 load shedding sent everyone scuttling off to bed



Ann van Schalkwyk and Mary Neuville on Christmas morning.



Old favourites Bev and Annabelle entertaining the residents



Members of Witbank SAPS joined the residents for tea before Christmas



The Mexican Missionaries also returned this Christmas to entertain our residents.



Coping with the shutdown

Lockdown or not we have to ensure that our residents enjoy as normal a life as possible




Maraai Steynberg
assisting Myrtle van
Jaarsveld with her hair

Elise injecting
Celie Farrel with the
normal flu injection




Maria, Yvonne, Jean-
netta and Jamaima
hard at work in the
kitchen and rooms

THANK YOU TO THE MANY OTHER RESIDENTS ASSISTING
IN MANY WAYS YOUR HELP IS MOST APPRECIATED

IMPORTANT

- ◆ Wash your hands often with soap & water for 20 seconds;
- ◆ Use hand sanitiser if soap and water is not available;
- ◆ Avoid touching your mouth, nose or eyes;
- ◆ Avoid contact with other people;
- ◆ Use a face mask when in contact with other people;

Staff receive long service awards.

Jeaneta Mahlangu & Maria Fundama each have 30 years service



Staff received long service awards combined the recipients have 119 years of service





Take my advice — I'm not using it.

There may be no excuse for laziness, but I'm still looking.

If at first you don't succeed, skydiving is not for you.

If you keep your feet firmly on the ground, you'll have trouble putting on your pants.

I'm great at multi-tasking--I can waste time, be unproductive, and procrastinate all at once.

A computer once beat me at chess, but it was no match for me at kick boxing.

When I married Mr. Right, I had no idea his first name was Always.

Sanitizer vs. hand washing?

Soap and water are your best defence against the coronavirus. Alcohol-based hand sanitizers are an acceptable alternative when washing your hands isn't an option, but they're simply not as good at getting rid of the germs.

Stick with hand washing whenever possible, and save the sanitizer for when you're out somewhere and don't have access to soap and water.



A view of the recently constructed braai area that was built next to Flat 32 to replace the informal space underneath the tree at Flat 35.

Best wishes for many happy and joyful braais in the future.

IMPORTANT

Please cooperate by complying with the following rules:

- ♦ Office hours: Monday to Friday 08:00 to 13:00
- ♦ Electricity Purchases: Monday to Friday 09:00 to 11:00
- ♦ Obey the speed limit in the cottages grounds
- ♦ Do not drive off before the main gate is closed
- ♦ Do not feed the birds
- ♦ Do not remove ornaments or plants from the gardens or stoeps

Vintage Fair'20 —Saturday 5 September 2020



The success of this years **Vintage Fair** is going to be more important than ever before, having, hopefully, come out the lockdown by then an extensive amount of maintenance and tidying up is going to be required and we will need funds to pay for it all.

This year's fair is in the planning stages and it will hopefully be bigger and more successful than ever before. In order to achieve this we need to bring in more people we therefore need more original ideas and entertainment to attract people.

The more people or organisations that we involve the better the participation and attendance at the **Vintage Fair '20**.

Please use the lockdown to think of ideas of people or organisations that we can involve to expand our fair.

Please encourage you friends and family to donate or help us to collect the following:

- ♦ **UNUSED OR SPARE ORNAMENTS, GLASSES, NICK NACKS FOR THE WHITE ELEPHANT STALL;**
- ♦ **A BOTTLE OF WINE OR LIQUOR FOR THE "WHEEL BARROW OF BOOZE";**
- ♦ **A HOMEMADE CAKE , SWEETS OR PUDDING**
- ♦ **PRIZES FOR THE TOMBOLA STALL;**
- ♦ **MINCE; CHICKEN; FLOUR; OIL; RICE ; PAP ETC**

The success of the fair depends on as many people as possible attending and us receiving sufficient donations for the preparation of the items for sale.

THE INCOME FROM THE FAIR NOW PLAYS AN IMPORTANT PART IN HELPING TO ENSURE THAT THE COMPLEX OFFERS GOOD, COMFORTABLE AND SECURE ACCOMMODATION FOR PENSIONERS AT AN AFFORDABLE PRICE.



*Please note that once the lockdown is lifted Clive Hatch will resume with the help desk but it will move to **Wednesday Mornings** in the Administration Building to assist residents with problems regarding the Cottages as well as any other personal problems that they may wish to discuss.*

Help desk times: Wednesday 10:00 to 11:00



Nurses rounds

It is the duty of the nurse to visit every resident daily to check on your health, this is even more important in view of the Covid-19 Lockdown.

Your continued support in this regard will be appreciated.



MOTH News

True comradeship * mutual help * sound memory

Motorcycles roar at MOTH Crater Emalaheni Veterans' Parade.



On the first Sunday of March the Crater Moths conduct a parade in remembrance of the veterans from the Witbank District, whose chairs are forever vacant following war action in WWI, WWII and The Angolan War.

Traditionally this parade is held in the Old Witbank Cemetery in Lukin Street where 11 military graves from mostly WWII are located. Due to the extremely

shameful state of upkeep of the cemetery the parade had to be moved to MOTH Witbank Sound Memory Cottages.

The arrival of 11 motorcycles manned by Moth members of the MOTH Platinum Motorcycle Association, (MMA) to join Crater Shellhole Moths at their annual Emalaheni Veteran's Parade, added excitement to the proceedings.

Sergeant Major Redmond Lennox proudly brought the parade consisting of Moth Bikers and marching Veterans advancing on the notes of MOTH March, to halt at the Cenotaph and Wall of Remembrance.

After an opening prayer by Old Bill Chris Sonnekus, he welcomed all and pointed out that the names of soldiers who answered the sunset call to Higher Service during combat in the two World Wars and the Angola war are edged on the panels of the Cenotaph. It was noteworthy that the Road Captain of the MMA, Moth Larry Beechy, who was present on parade, lost his twin brother in the Angola War and his name, Neville Beechy also appears on the Cenotaph.

The touching Last Post was sounded followed by a wreath laying ceremony with the soothing notes of Mozart's Piano Concerto #21 in the background.

Members all joined in after the parade at the Lapa to "build a hamburger" and great comradeship was evident at the occasion.



CONDOLENCES:

It was with profound sadness that we learnt of the passing of Lettie Sonnekus, wife of Crater Old Bill Chris, on 16 January 2020.

Lettie was one of the shellhole's greatest supporters and was a regular collector on Poppy Day every year where she always managed to either top or second collector every year.

Lettie played a pivotal role to enable Chris to serve the three ideals of the MOTH, true comradeship, mutual help and sound memory. May she **Rest in Peace.**